

Nutrition Values of Sea Buckthorn Fruit Powder

Item	Result	Method
Energy	392.54 KJ/100g	
Fat	0.12g/100g	GB/T 5009.6
Natrium	224.96mg/100g	GB/T 5009.91
Total Sugar	20.52g/100g	GB/T 5009.7/8
Sucrose	3.33g/100g	GB/T 5009.8
Protein	1.16g/100g	GB/T 5009.5
Total acid (as tartaric acid)	≥6.0%	GB/T 12456
VC	≥400mg/100g	GB/T 5009.86
VB ₁	0.0505mg/100g	GB/T 5009.84
VB ₂	0.783mg/100g	GB/T 14752
VB ₆	0.0804mg/100g	GB/T14753
Flavonoids (as Rutin)	≥1.0%	CP2020
Selenium (Se)	7.65×10 ⁻³ mg/kg	GB/T 5009.93
Kalium (K)	3010mg/kg	GB/T 5009.91
Calcium (Ca)	505mg/kg	GB/T 5009.92
Iron (Fe)	53mg/kg	GB/T 5009.90
Magnesium (Mg)	202mg/kg	GB/T 5009.90